

DAFTAR PUSTAKA

- Afiyanti, Y. (2010). Analisis Konsep dan Kualitas Hidup. *Jurnal Keperawatan Indonesia*, 13(2), 81–86. <https://doi.org/10.7454/jki.v13i2.234>
- Akinci, B., Aslan, G. K., & Kiyani, E. (2018). Sleep quality and quality of life in patients with moderate to very severe chronic obstructive pulmonary disease. *Clinical Respiratory Journal*, 12(4), 172–175. <https://doi.org/10.1111/crj.12738>
- Athar, W., Card, M. E., Charokopos, A., Akgü, K. M. A., Derycke, E. C., Haskell, S. G., Yaggi, H. K., & Bastian, L. A. (2020). Obstructive Sleep Apnea and Pain Intensity in Young Adults. *Annals of the American Thoracic Society*, 17(10), 127–130. <https://doi.org/10.1513/201910-750OC>
- Aytekin, E., Demir, S. E., Komut, E. A., Okur, S. C., Burnaz, O., Caglar, N. S., & Demiryontar, D. Y. (2015). Chronic widespread musculoskeletal pain in patients with obstructive sleep apnea syndrome and the relationship between sleep disorder and pain level, quality of life, and disability. *Journal of Physical Therapy Science*, 27(9), 295–298. <https://doi.org/10.1589/jpts.27.2951>
- Azzahra, S. S. (2019). Obstructive Sleep Apnea (OSA) Sebagai Faktor Resiko Hipertensi. *Jurnal Ilmiah Kesehatan Sandi Husada*, 10(2), 321–324. <https://doi.org/10.35816/jiskh.v10i2.180>
- Bahari, E. S., Bustamam, N., & Thadeus, M. S. (2021). Hubungan antara Tingkat Keparahan Obstructive Sleep Apnea dan Fungsi Kognitif pada Pasien Rumah Sakit Angkatan Laut Dr. Mintohardjo. *Jurnal Kedokteran Dan Kesehatan Publikasi Ilmiah Fakultas Kedokteran Universitas Sriwijaya*, 8(1), 17-24. <https://doi.org/10.32539/v8i1.11073>
- Beiske, K. K., & Stavem, K. (2018). Health status in subjects with suspected obstructive sleep apnea and comparison with a general population. *Scientific Reports*, 8(1), 210-217. <https://doi.org/10.1038/s41598-018-23904-3>
- Berg, L. M., Ankjell, T. K. S., Sun, Y.-Q., Trovik, T. A., Rikardsen, O. G., Sjögren, A., Moen, K., Hellem, S., & Bugten, V. (2020). Health-Related Quality of Life and Sleep Quality after 12 Months of Treatment in Nonsevere Obstructive Sleep Apnea: A Randomized Clinical Trial with Continuous Positive Airway Pressure and Mandibular Advancement Splints. *International Journal of Otolaryngology*, 15(10), 145–150. <https://doi.org/10.1155/2020/2856460>
- Bonsignore, M. R., Saaresranta, T., Riha, R. L., Riha, R., & Bonsignore, M.

- (2019). Sex differences in obstructive sleep apnoea. *European Respiratory Review*, 28(15), 211–216. <https://doi.org/10.1183/16000617.0030-2019>
- Butar-butar, A., & Siregar, C. T. (2011). Terapi Hemodialisa Karakteristik Pasien Dan Kualitas Hidup Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisa, *jurnal kesehatan*. 9(11), 78–84. <https://doi.org/10.15386/cjmed-593>
- Cahyono, A., Hermani, B., Mangunkusumo, E., & Perdana, R. S. (2011). Hubungan obstructive sleep apnea dengan penyakit sistem kardiovaskuler. *Oto Rhino Laryngologica Indonesiana*, 41(1), 37-42. <https://doi.org/10.32637/orli.v41i1.57>
- Chaiard, J. (2019). Update on Research and Practices in Major Sleep Disorders : Part I . Obstructive Sleep Apnea Syndrome. *shigma theta* 38(8), 500–508. <https://doi.org/10.1111/jnu.12489>
- Charokopos, A., Card, M. E., Gunderson, C., Steffens, C., & Bastian, L. A. (2018). The association of obstructive sleep apnea and pain outcomes in adults: A systematic review. *Pain Medicine (United States)*, 19(5), 69–75. <https://doi.org/10.1093/pm/pny140>
- Chung, F., & Liao, P. (2009). Concerns about the validation of the berlin questionnaire and american society of anesthesiologist checklist as screening tools for obstructive sleep apnea in surgical patients. *Anesthesiology*, 110(1), 195-162 <https://doi.org/10.1097/ALN.0b013e3181914c08>
- Coman, A. C., Borzan, C., Vesa, C. S., & Todea, D. A. (2016). Obstructive sleep apnea syndrome and the quality of life. *Clujul Medical*, 89(3), 390–395. <https://doi.org/10.15386/cjmed-593>
- David N.F. Fairbanks, Samuel A. Mickelson, B. T. W. (2003). Snoring and Obstructive Sleep Apnea. *Pain Medicine (United States)*, 18(6), 70–75. <https://doi.org/10.1093/pm/pny140>
- Dewi, P. F. M., Bagiada, I. M. S., Saraswati, K., & Ratna, M. (2022). Korelasi Obesitas Dan Aktivitas Fisik Terhadap Risiko Kejadian Osa. *Jurnal Ilmiah Kesehatan Sandi Husada*. 11(11), 78–84. <https://doi.org/10.15386/cjmed-593>
- Dutt, N., Janmeja, A. K., Mohapatra, P. R., & Singh, A. K. (2013). Quality of life impairment in patients of obstructive sleep apnea and its relation with the severity of disease. *Lung India*, 30(4), 289–294. <https://doi.org/10.4103/0970-2113.120603>
- Eckert, D. J., Malhotra, A., & Jordan, A. S. (2009). Mechanisms of Apnea. *Progress in Cardiovascular Diseases*, 51(4), 313–323. <https://doi.org/10.1016/j.pcad.2008.02.003>

- Febriani, D., Yunus, F., Antariksa, B., & Andrianto, H. (2011). Relationship Between Obstructive Sleep Apnea and Cardiovascular Tinjauan Pustaka Hubungan Obstructive Sleep Apnea dengan Kardiovaskular. *Jurnal Kardiologi Indonesia*, 32(1), 45–52. <https://doi.org/10.30701/ijc.v32i1.122>
- Felce, D., & Perry, J. (1995). Quality of life: Its definition and measurement. *Research in Developmental Disabilities*, 16(1), 51–74. [https://doi.org/10.1016/0891-4222\(94\)00028-8](https://doi.org/10.1016/0891-4222(94)00028-8)
- Ferrans, C. E., Zerwic, J. J., Wilbur, J. E., & Larson, J. L. (2005). Conceptual model of health-related quality of life. *Journal of Nursing Scholarship*, 37(4), 336–342. <https://doi.org/10.1111/j.1547-5069.2005.00058.x>
- Flemons, W., & Reimer, M. (1999). Development of a disease-specific health-related quality of life questionnaire for sleep apnea. *Pneumologie*, 53(2), 110–111. [https://doi.org/10.1016/0891-4222\(94\)00028-9](https://doi.org/10.1016/0891-4222(94)00028-9)
- Forcelini, C. M., Buligon, C. M., Kettenhuber Costa, G. J., Do Canto Petter, G., Scapin, H. P., Augustin, I. A., Michelon Dal-Piva, L. D., Durgante, R. E., & Lorenzoni, V. P. (2019). Age-dependent influence of gender on symptoms of obstructive sleep apnea in adults. *Sleep Science*, 12(3), 132–137. <https://doi.org/10.5935/1984-0063.20190076>
- Frost & Sullivan. (2019). Hidden Health Crisis Costing America Billions. *American Academy of Sleep Medicine*, 89(4) 54–62. <https://doi.org/10.30701/ijc.v32i1.122>
- Garbarino, S., Guglielmi, O., Sanna, A., Mancardi, G. L., & Magnavita, N. (2016). Risk of occupational accidents in workers with obstructive sleep apnea: Systematic review and meta-Analysis. *Sleep*, 39(6), 1211–1218. <https://doi.org/10.5665/sleep.5834>
- Gonçalves, M. A., Paiva, T., Ramos, E., & Guilleminault, C. (2004). Obstructive sleep apnea syndrome, sleepiness, and quality of life. *Chest*, 125(6), 291–296. <https://doi.org/10.1378/chest.125.6.2091>
- Hardianti Arifin, Afrida, E. (2020). Hubungan Self Care dengan Kualitas Hidup Pada Pasien Diabetes Melitus Tipe 2 di RSUD Sinjai. *Jurnal Ilmiah Kesehatan Diagnosis*, 15(4), 406–411. <http://doi.org/10.22216/jen.v2i2.1357>
- Hong, S., Kim, Y., Ryu, J. Y., Lee, S., Son, B. C., Lee, C. K., & Kim, D. H. (2014). A Case of Obstructive Sleep Apnea and Assessments of Fitness for Work. *Annals of Occupational and Environmental Medicine*, 26(1), 1–8. <https://doi.org/10.1186/2052-4374-26-7>
- Hoshide, S., Kario, K., Chia, Y. C., Siddique, S., Buranakitjaroen, P., Tsoi, K., Tay, J. C., Turana, Y., Chen, C. H., Cheng, H. M., Huynh, V. M.,

- Park, S., Soenarta, A. A., Sogunuru, G. P., Wang, T. D., & Wang, J. G. (2021). Characteristics of hypertension in obstructive sleep apnea: An Asian experience. *Journal of Clinical Hypertension*, 23(3), 489–495. <https://doi.org/10.1111/jch.14184>
- Johnson, D. A., Guo, N., Rueschman, M., Wang, R., Wilson, J. G., & Redline, S. (2018). Prevalence and correlates of obstructive sleep apnea among African Americans: *The Jackson Heart Sleep Study*. *Sleep*, 41(10), 13-16. <https://doi.org/10.1093/sleep/zsy154>
- Karkoulas, K., Lykouras, D., Sampsonas, F., Karaivazoglou, K., Sargianou, M., Drakatos, P., Spiropoulos, K., & Assimakopoulos, K. (2013). The impact of obstructive sleep apnea syndrome severity on physical performance and mental health. The use of SF-36 questionnaire in sleep apnea. *European Review for Medical and Pharmacological Sciences*, 17(4), 531–536. <https://doi.org/10.1046/j.1365-2869.2001.00264.x>
- Laksmidewi, P., Adnyana, M. O., Susilawathi, N. M., Witari, N. P., Yuliani, D., & Gondowardaja, Y. (2016). BANU 2016 Bali Neurology Update Neurology in Elderly Hope for Healthy and Successful Aging UDAYANA UNIVERSITY PRESS. Udayana University Press.Bali.
- Laratmase, A. J. (2016). Pengembangan Alat Ukur Kualitas Hidup Nelayan. *Jurnal Ilmiah Pendidikan Lingkungan Dan Pembangunan*, 17(01), 34–41. <https://doi.org/10.21009/plpb.171.04>
- Liu, L., Li, X., Xue, P., Wu, M., Zeng, S., Dai, Y., & Zhou, J. (2022). Subjective Sleep Disruption and Mood Disorders are Associated with the Risk of Chronic Pain in Patients with Obstructive Sleep Apnea. *Nature and Science of Sleep*, 14(25), 223–232. <https://doi.org/10.2147/NSS.S378246>
- Lopes, C., Esteves, A. M., Bittencourt, L. R. A., Tufik, S., & Mello, M. T. (2008). Relationship between the quality of life and the severity of obstructive sleep apnea syndrome. *Brazilian Journal of Medical and Biological Research*, 41(10), 908–913. <https://doi.org/10.1590/S0100-879X2008005000036>
- Malhotra, A., Ayappa, I., Ayas, N., Collop, N., Kirsch, D., Mcardle, N., Mehra, R., Pack, A. I., Punjabi, N., White, D. P., & Gottlieb, D. J. (2021). Metrics of sleep apnea severity: Beyond the apnea-hypopnea index. *Sleep*, 44(7), 16–22. <https://doi.org/10.1093/sleep/zsab030>
- Mannarino, M. R., Di Filippo, F., & Pirro, M. (2012). Obstructive sleep apnea syndrome. *European Journal of Internal Medicine*, 23(7), 586–593. <https://doi.org/10.1016/j.ejim.2012.05.013>
- Martins, F. O., & Conde, S. V. (2021). Gender Differences in the Context of Obstructive Sleep Apnea and Metabolic Diseases. *Frontiers in*

- Physiology*, 12(14), 15–20. <https://doi.org/10.3389/fphys.2021.792633>
- Mashaqi, S., & Gozal, D. (2020). The impact of obstructive sleep apnea and PAP therapy on all-cause and cardiovascular mortality based on age and gender – a literature review. *Respiratory Investigation*, 58(1), 7–20. <https://doi.org/10.1016/j.resinv.2019.08.002>
- Mehrtash, M., Bakker, J. P., & Ayas, N. (2019). Predictors of Continuous Positive Airway Pressure Adherence in Patients with Obstructive Sleep Apnea. *Lung*, 197(2), 115–121. <https://doi.org/10.1007/s00408-018-00193-1>
- Moore, P., Bardwell, W. A., Ancoli-Israel, S., & Dimsdale, J. E. (2001). Association between polysomnographic sleep measures and health-related quality of life in obstructive sleep apnea. *Journal of Sleep Research*, 10(4), 303–308. <https://doi.org/10.1046/j.1365-2869.2001.00264.x>
- Moyer, C. A., Sonnad, S. S., Garetz, S. L., Helman, J. I., & Chervin, R. D. (2001). Quality of life in obstructive sleep apnea: A systematic review of the literature. *Sleep Medicine*, 2(6), 477–491. [https://doi.org/10.1016/S1389-9457\(01\)00072-7](https://doi.org/10.1016/S1389-9457(01)00072-7)
- Ningsih, L. O., Utami, G. T., & Jumaini, J. (2019). Gambaran Faktor Risiko Obstructive Sleep Apnea (Osa) Pada Pasien Diabetes Melitus Tipe 2 (Dm Tipe 2). *Jurnal Ners Indonesia*, 9(1), 41-45. <https://doi.org/10.31258/jni.9.1.41-50>
- Nurchahyo, V. E., & Hendriyanto, D. (2021). The depression level effect on the QOL of patients with obstructive sleep apnea syndrome. *Oto Rhino Laryngologica Indonesiana*, 50(2), 135-140 <https://doi.org/10.32637/orli.v50i2.377>
- Otero, W. (2021). Relationship of obstructive sleep apnea in executive functioning and emotional state. *International Journal of Otolaryngology*, 41(10), 801–806 <https://doi.org/10.13140/RG.2.2.25601.99680>
- Papadopoulos, D., Kikemeni, A., Skourti, A., & Amfilochiou, A. (2018). The influence of socio-economic status on the severity of obstructive sleep apnea: a cross-sectional observational study. *Sleep Science*, 11(2), 92–98. <https://doi.org/10.5935/1984-0063.20180018>
- Piccirillo, J. F., Duntley, S., & Schotland, H. (2000). Obstructive sleep apnea. In *Jama* 284(2), 212-216. <https://doi.org/10.1001/jama.284.12.1492>
- Priliana, W. K., Indriasari, F. N., & Pratiwi, E. (2018). Hubungan usia, jenis kelamin dan jenis kanker terhadap kualitas hidup anak dengan kanker. *Jurnal Keperawatan Notokusumo*, 4(1), 48–55.

<https://doi.org/10.13140/RG.2.2.25601.9968>

- Purwowiyoto, S. L. (2018). Obstructive Sleep Apnea dan Gagal Jantung. *YARSI Medical Journal*, 25(3), 172-178. <https://doi.org/10.33476/jky.v25i3.364>
- Shoib, S., Ullah, I., Nagendrappa, S., Taseer, A. R., De Berardis, D., Singh, M., & Asghar, M. S. (2022). Prevalence of mental illness in patients with obstructive sleep apnea – A cross-sectional study from Kashmir, India. *Annals of Medicine and Surgery*, 80(4), 111-116. <https://doi.org/10.1016/j.amsu.2022.104056>
- Song, L., Li, H., Wang, J., Xie, J., Chen, G., Liang, T., Wang, Y., Ye, L., Wang, X., Kuang, X., Ren, M., Ye, J., Tang, Y., Ji, K., Liao, W., & Zhang, X. (2022). Educational attainment could be a protective factor against obstructive sleep apnea: a study based on Mendelian randomization. *Journal of Thoracic Disease*, 14(1), 210–215. <https://doi.org/10.21037/jtd-21-945>
- Stepnowsky, C., Sarmiento, K. F., Bujanover, S., Villa, K. F., Li, V. W., & Flores, N. M. (2019). Comorbidities, health-related quality of life, and work productivity among people with obstructive sleep apnea with excessive sleepiness: Findings from the 2016 us national health and wellness survey. *Journal of Clinical Sleep Medicine*, 15(2), 235–243. <https://doi.org/10.5664/jcsm.7624>
- Su, L., Chen, R., Luo, J., & Xiao, Y. (2022). Current medical education improves OSA-related knowledge but not confidence in residents: An underappreciated public health risk. *Frontiers in Psychiatry*, 13(3), 172-178. <https://doi.org/10.3389/fpsy.2022.973884>
- Sugiyono. (2013). *Metode Penelitian Pendidikan Pendekatan Kuantitatif, Kualitatif dan R&D*. Alfabeta. 10(2), 21–24. <https://doi.org/10.35816/jiskh.v10i2.180>
- Supriyatno, B., & Deviani, R. (2016). Obstructive sleep apnea syndrome pada Anak. *Sari Pediatri*, 7(2), 77-82. <https://doi.org/10.14238/sp7.2.2005.77-84>
- Thompson, C., Legault, J., Moullec, G., Baltzan, M., Cross, N., Dang-Vu, T. T., Martineau-Dussault, M. È., Hanly, P., Ayas, N., Lorrain, D., Einstein, G., Carrier, J., & Gosselin, N. (2022). A portrait of obstructive sleep apnea risk factors in 27,210 middle-aged and older adults in the Canadian Longitudinal Study on Aging. *Scientific Reports*, 12(1), 11–22. <https://doi.org/10.1038/s41598-022-08164-6>
- Vogler, K., Daboul, A., Obst, A., Fietze, I., Ewert, R., Biffar, R., & Krüger, M. (2023). Quality of life in patients with obstructive sleep apnea: Results from the study of health in Pomerania. *Journal of Sleep Research*, 32(1), 14–17. <https://doi.org/10.1111/jsr.13702>

- Ware, J. E. (2000). *SF-36 Health Survey Update. January 2002*.
- WHO. (1997). World Health Organization: 1963. In *New York state journal of medicine* 64(12), 667–677.
- Wiley. (2018). *Quality of Life*.
- William, & Ayu, P. R. (2020). Sindrom Obstruktive Sleep Apnea. *Medula*, 9(4), 705–711. <https://doi.org/10.1016/j.amsu.2022.10405>
- Yang, C. C., Lee, K. W., Watanabe, K., & Kawakami, N. (2021). The association between shift work and possible obstructive sleep apnea: a systematic review and meta-analysis. *International Archives of Occupational and Environmental Health*, 94(8), 1763–1772. <https://doi.org/10.1007/s00420-021-01675-1>
- Yoon, S. (2021). *Prevalence of health-related quality of life (HRQOL) in Asian Americans ScD*.
- Yusof, F. M., Muhamad, S. N., Rosman, A. S., Ahmad, S. N., Razak, N. F., Hashim, N. I., & Awang, A. (2014). Sleep phenomena from the perspectives of Islam and science. *Jurnal Teknologi (Sciences and Engineering)*, 67(1), 105–110. <https://doi.org/10.11113/jt.v67.1687>
- Zhou, X., Zhou, B., Li, Z., Lu, Q., Li, S., Pu, Z., & Luo, F. (2021). Gender differences of clinical and polysomnographic findings with obstructive sleep apnea syndrome. *Scientific Reports*, 11(1), 6–12. <https://doi.org/10.1038/s41598-021-85558-y>