

DAFTAR PUSTAKA

1. Sudarman, Dioso Riii, Harun Z, Hassan Hc. Interventions To Improve Medication Adherence In Hypertensive Patients: A Bibliometric Analysis. *Malaysian Journal Of Nursing*. Asia Pacific Higher Learning Sdn Bhd., Lincoln University College; 2024. P. 178 Doi:10.31674/Mjn.2024.V16isup p1.017
2. Moiz A, Zolotarova T, Eisenberg Mj. Outpatient Management Of Essential Hypertension: A Review Based On The Latest Clinical Guidelines. *Annals Of Medicine* [Internet]. Taylor And Francis Ltd.; 2024 [Cited 2025 Nov 20]. Available From: <https://doi.org/10.1080/07853890.2024.233824> Doi:10.1080/07853890.2024.2338242 Pubmed Pmid: 38604225.
3. High Stakes-Turning Evidence Into Action Global Report On Hypertension 2025. Report.
4. Goorani S, Zangene S, Imig Jd. Hypertension: A Continuing Public Healthcare Issue. *International Journal Of Molecular Sciences*. Multidisciplinary Digital Publishing Institute (Mdpi); 2025. Doi:10.3390/Ijms26010123 Pubmed Pmid: 39795981.
5. Muharram Fr, Widyahening Is, Danaei G. Hypertension Care Performance In Indonesia: Evidence From Three Waves Of Nationally Representative Cross Sectional Surveys. *Bmj Open* 2025 Dec 31;15(12). Doi:10.1136/Bmjopen-2025-109588 Pubmed Pmid: 41475816.
6. Susanti S, Bujawati E, Aulia R, Sadarang I, Ihwana D, Studi P, Et Al. Hubungan Self Efficacy Dengan Manajemen Diri Penderita Hipertensi Di Puskesmas Kassi-Kassi Kota Makassar Tahun 2022 Relationship Of Self Efficacy With Self Management Of Hypertension Patients At Kassi-Kassi Health Center Makassar City In 2022. *Jurnal Kesmas Jambi*. 2022;6(2).
7. Mills Kt, Stefanescu A, He J. The Global Epidemiology Of Hypertension. *Nature Reviews Nephrology*. Nature Research; 2020. P. 223–37. Doi:10.1038/S41581-019-0244-2 Pubmed Pmid: 32024986.
9. Musta'in Ircf Da Cntyled. The Effect Of Diet Hypertension On The Event Of Hypertension In The Elderly [Internet]. Vol. 3. 2022 May 1 [Cited 2025 Nov 19];3. Available From: <https://jurnal.globalhealthsciencegroup.com/index.php/picnhs/article/view/1135>
10. Mokodompis Y, Fazria Supu S, Yasin H, Zakaria I, Kesehatan Masyarakat J, Olahraga Dan Kesehatan F. *Jpkm : Jurnal Pengabdian Kesehatan Masyarakat* Effectiveness Of Blood Pressure Measurement Training For

Adolescent Cadres On Hypertension Prevention Behavior [Internet]. 2025. Available From: [Http://Ejurnal.Ung.Ac.Id/Index.Php/Jpkm/Index](http://Ejurnal.Ung.Ac.Id/Index.Php/Jpkm/Index)

11. Azami-Aghdash S, Joudyian N, Jafari S, Karami S, Rezapour R. Assessing Community-Based Interventions Effectiveness On Hypertension Prevention And Control: A Systematic Review And Meta-Analysis. *Bmc Public Health*. Biomed Central Ltd; 2025. Doi:10.1186/S12889-025-24283-X Pubmed Pmid: 41034875.
12. Maria K, Siswanto H, Rahman Z, Rondhianto, Kudlori A. Monitoring Hypertension Group Regularly And Intensively With Officers And Cadres (Fit Heart Group) As An Effort To Increase The Knowledge Of Elderly Cadres About Controlled Hypertension. *Journal Of Community Empowerment For Multidisciplinary (Jcemty)*. 2024 May 7;2(1):47–54. Doi:10.53713/Jcemty.V2i1.193
13. Relawati A, Eka Satria F, Chayati N. Empowerment Of Health Cadres In Recognizing And Managing People With Hypertension. *Asian Journal Of Management Sciences & Education*. 10(2).
14. Mohammad A, Yadav I, Lashari Ug, Sabra S, Sabra A, Sabra M, Et Al. Hypertension And Risk Of Stroke: A Systematic Review And Meta-Analysis. *Cureus*. 2025 Dec 22. Doi:10.7759/Cureus.99863
15. Aldirawi A, Alhalaiqa F, Alwawi A, Abuzerr S. Psychological Stress Among Hypertensive Male Patients In Jordan: Prevalence And Associated Factors. *Bmc Public Health*. 2024 Dec 1;24(1). Doi:10.1186/S12889-024-20733-0 Pubmed Pmid: 39695470.
16. Moiz A, Zolotarova T, Eisenberg Mj. Outpatient Management Of Essential Hypertension: A Review Based On The Latest Clinical Guidelines. *Annals Of Medicine*. Taylor And Francis Ltd.; 2024. Doi:10.1080/07853890.2024.2338242 Pubmed Pmid: 38604225.
17. Harrison Dg, Coffman Tm, Wilcox Cs. Pathophysiology Of Hypertension: The Mosaic Theory And Beyond. *Circ Res*. 2021 Apr 2;128(7):847–63. Doi:10.1161/Circresaha.121.318082 Pubmed Pmid: 33793328.
18. Johnson Hm, Shimbo D, Abdalla M, Altieri Mm, Bress Ap, Carter J, Et Al. 2025
Aha/Acc/Aanp/Aapa/Abc/Accp/Acpm/Ags/Ama/Aspc/Nma/Pcna/Sgim
Guideline For The Prevention, Detection, Evaluation And Management Of High Blood Pressure In Adults: A Report Of The American College Of Cardiology/American Heart Association Joint Committee On Clinical Practice Guidelines. *Circulation*. 2025 Sep 16;152(11):E114–218. Doi:10.1161/Cir.0000000000001356 Pubmed Pmid: 40811497.

19. Moiz A, Zolotarova T, Eisenberg Mj. Outpatient Management Of Essential Hypertension: A Review Based On The Latest Clinical Guidelines. *Annals Of Medicine* [Internet]. Taylor And Francis Ltd.; 2024 [Cited 2025 Nov 19]. Available From: <https://doi.org/10.1080/07853890.2024.2338242> Doi:10.1080/07853890.2024.2338242 Pubmed Pmid: 38604225.
20. Meher M, Pradhan S, Pradhan Sr. Risk Factors Associated With Hypertension In Young Adults: A Systematic Review. *Cureus*. 2023 Apr 12. Doi:10.7759/Cureus.37467 Pubmed Pmid: 37187665.
21. Balwan Wk, Kour S. A Systematic Review Of Hypertension And Stress - The Silent Killers. *Scholars Acad J Biosci*. 2021 Jun 17;9(6):154–8. Doi:10.36347/Sajb.2021.V09i06.002
22. 2023_Esh_Guidelines_For_The_Management_Of_Arterial.29.
23. Justin J, Fayol A, Bruno Rm, Khettab H, Boutouyrie P. International Guidelines For Hypertension: Resemblance, Divergence And Inconsistencies. *Journal Of Clinical Medicine*. Mdpi; 2022. Doi:10.3390/Jcm11071975
24. Agustini T, Hardiyanti S, Profesi Ners S, Kesehatan Masyarakat F. Pengaruh Manajemen Nyeri Terhadap Penurunan Tingkat Nyeri Kepala Pada Pasien Hipertensi Di Ruang Igd Rs Labuang Baji Makassar. *Jk: Jurnal Kesehatan*. 2026;3(10):534–49.
25. Widiya Satuwo K. Wal'afiat Hospital Journal Penerapan Slow Deep Breathing Terhadap Penurunan Tingkat Nyeri Pada Pasien Hipertensi Di Igd Rs Ibnu Sina Yw. Umi Makassar [Internet]. Report. Available From: <https://Whj.Umi.Ac.Id/Index.Php/Whj/Index>
26. Dewangan M, Garg S, Nanda P, Sahu A, Xalxo L, Tandan P, Et Al. Assessing The Knowledge And Skill Of Asha Community Health Workers In Blood Pressure Measurement And Primary Care Of Hypertension. *J Family Med Prim Care*. 2024 Aug;13(8):2993 Doi:10.4103/Jfmpe.Jfmpe_1781_23
27. Dewangan M, Garg S, Nanda P, Sahu A, Xalxo L, Tandan P, Et Al. Assessing The Knowledge And Skill Of Asha Community Health Workers In Blood Pressure Measurement And Primary Care Of Hypertension. *J Family Med Prim Care*. 2024 Aug;13(8):2993 Doi:10.4103/Jfmpe.Jfmpe_1781_23
28. Teshome Df, Balcha Sa, Ayele Ta, Atnafu A, Sisay M, Asfaw Mg, Et Al. Trained Health Extension Workers Correctly Identify High Blood Pressure

- In Rural Districts Of Northwest Ethiopia: A Diagnostic Accuracy Study. *Bmc Health Serv Res.* 2022 Dec 1;22(1). Doi:10.1186/S12913-022-07794-W Pubmed Pmid: 35317798.
29. Yue M, Jong Msy, Ng Dtk. Understanding K–12 Teachers’ Technological Pedagogical Content Knowledge Readiness And Attitudes Toward Artificial Intelligence Education. *Educ Inf Technol (Dordr).* 2024 Oct 1;29(15):19505–36. Doi:10.1007/S10639-024-12621-2
 30. Irawan H, Syarifudin R. Analysis Of Health Cadres Knowledge About Hypertension Management At The Ilp (Primary Service Integrity) Posyandu Service In Singonegaran Village Kediri City [Internet]. Report. Available From: <https://proceeding.thesich.org/page33-41>
 31. Ogbeide Sa, Johnson-Esparza Y, George D. Applying Bloom’s Taxonomy In Primary Care Behavioural Health Training. *Clinical Teacher.* 2025 Jun 1;22(3). Doi:10.1111/Tct.70099 Pubmed Pmid: 40276905.
 32. Irawan A, Friandi Akademi Keperawatan Bina Insani Sakti Kota Sungai Penuh R. Hubungan Pengetahuan Dengan Sikap Masyarakat Terhadap Penderita Di Wilayah Kerja Puskesmas Kumun Tahun 2022. 2022. Report.
 33. Ignoffo S, Gu S, Ellyin A, Benjamins Mr. A Review Of Community Health Worker Integration In Health Departments. *Journal Of Community Health.* Springer; 2024. P. 366–76. Doi:10.1007/S10900-023-01286-6 Pubmed Pmid: 37828419.
 34. Nida S, Tyas Asa, Putri Ne, Larasanti A, Widoyopi Aa, Sumayyah R, Et Al. A Systematic Review Of The Types, Workload, And Supervision Mechanism Of Community Health Workers: Lessons Learned For Indonesia. *Bmc Primary Care.* 2024 Dec 1;25(1). Doi:10.1186/S12875-024-02319-2 Pubmed Pmid: 38468218.
 35. Ignoffo S, Gu S, Ellyin A, Benjamins Mr. A Review Of Community Health Worker Integration In Health Departments. *Journal Of Community Health.* Springer; 2024. P. 366–76. Doi:10.1007/S10900-023-01286-6 Pubmed Pmid: 37828419.
 36. Adetunji A, Uche-Orji C, Ezebialu C, Adebayo Pc, Sanusi F, Imo U, Et Al. The Prevalence And Risk Factors Of Pre-Hypertension And Hypertension Among Clinical Students At The University Of Ibadan, Nigeria. *Bmc Cardiovasc Disord.* 2025 Dec 1;25(1). Doi:10.1186/S12872-025-04852-Z Pubmed Pmid: 40410663.
 37. Who. Global Report On Hypertension 2025 High Stakes – Turning Evidence Into Action [Internet]. 2025 [Cited 2025 Nov 20]. Report. Available From:

<https://www.who.int/publications/i/item/9789240115569>

38. Rosenthal El, Etiaba Ei, Lee N, Bush K. Unsung Heroes In Health Education And Promotion: How Community Health Workers Contribute To Hypertension Management. Report.
39. Dewangan M, Garg S, Nanda P, Sahu A, Xalxo L, Tandan P, Et Al. Assessing The Knowledge And Skill Of Asha Community Health Workers In Blood Pressure Measurement And Primary Care Of Hypertension. J Family Med Prim Care. 2024 Aug;13(8):2993 Doi:10.4103/Jfmpe.Jfmpe_1781_23
40. Teshome Df, Balcha Sa, Ayele Ta, Atnafu A, Sisay M, Asfaw Mg, Et Al. Trained Health Extension Workers Correctly Identify High Blood Pressure In Rural Districts Of Northwest Ethiopia: A Diagnostic Accuracy Study. BMC Health Serv Res. 2022 Dec 1;22(1). Doi:10.1186/S12913-022-07794-W Pubmed Pmid: 35317798.
41. Ashby Ma. The Shifts In Human Consciousness. Journal Of Bioethical Inquiry. Springer; 2021. Doi:10.1007/S11673-021-10102-6 Pubmed Pmid: 33835305.
42. Rosenthal El, Etiaba Ei, Lee N, Bush K. Unsung Heroes In Health Education And Promotion: How Community Health Workers Contribute To Hypertension Management. Report.
43. Bhattarai S, Skovlund E, Shrestha A, Mjølstad Bp, Åsvold Bo, Sen A. Impact Of A Community Health Worker Led Intervention For Improved Blood Pressure Control In Urban Nepal: An Open-Label Cluster Randomised Controlled Trial. The Lancet Regional Health - Southeast Asia. 2024 Oct 1;29. Doi:10.1016/J.Lansea.2024.100461
44. Lee Jy, Davis I, Youth Ehh, Kim J, Churchill G, Godwin J, Et Al. Misexpression Of Genes Lacking CpG Islands Drives Degenerative Changes During Aging. Sci. Adv. 2021. Report.
45. Katena Na, Shamu S, Fana Gt, Dewa E, Dombojena A, Rusakaniko S. Acceptability Of A Community Health Worker-Led Health Literacy Intervention On Lifestyle Modification Among Hypertensive And Diabetes Patients In The City Of Harare, Zimbabwe. Plos Global Public Health. 2025 Feb 10;5(2 February). Doi:10.1371/Journal.Pgph.0003541
46. Oladele Da, Odusola Ao, Odubela O, Nwaozuru U, Calvin C, Musa Z, Et Al. Training Primary Healthcare Workers On A Task-Strengthening Strategy For Integrating Hypertension Management Into Hiv Care In Nigeria: Implementation Strategies, Knowledge Uptake, And Lessons Learned. BMC

Health Serv Res. 2023 Dec 1;23(1). Doi:10.1186/S12913-023-09603-4
 Pubmed Pmid: 37344869.

47. Arya Ramadhan, Yudi Abdul Majid, Aulia Nurul Azizah, Cindy Aulia Tirmizi, Linda Puspita, Pelda Ananda Putri, Et Al. Penatalaksanaan Hipertensi Melalui Edukasi, Senam, Pemberian Jus Semangka Dan Pelatihan Kader Kesehatan. *Jurnal Pengabdian Masyarakat Dan Riset Pendidikan*. 2026 Mar 4;4(4):21955–65. Doi:10.31004/Jerkin.V4i4.5578
48. Cahya Tribagus H, Putri Nofia Marta Wulandari, Dewi Yulita Sari, Siska Laura S, Irfanuddin Arigayo, Nabilah Esa P, Et Al. Pemberdayaan Kader Kesehatan Sebagai Upaya Meningkatkan Pengetahuan Pencegahan Dan Pengobatan Tuberkulosis Di Desa Sukorambi Kec. Sukorambi Kab. Jember Tahun 2024. *Jurnal Nusantara Berbakti*. 2024 Apr 1;2(2):01–6. Doi:10.59024/Jnb.V2i2.338
49. Glenton C, Javadi D, Perry Hb. Community Health Workers At The Dawn Of A New Era: 5. Roles And Tasks. *Health Research Policy And Systems*. Biomed Central Ltd; 2021. Doi:10.1186/S12961-021-00748-4 Pubmed Pmid: 34641903.
50. Kazama K, Numata M, Aoyama T, Onodeara A, Hara K, Atsumi Y, Et Al. Laparoscopic Vs. Open Surgery For Stage Ii/Iii Colon Cancer Patients With Body Mass Index >25 Kg/M2. *In Vivo (Brooklyn)*. 2020 Aug 1;34(4):2079–85. Doi:10.21873/Invivo.12011 Pubmed Pmid: 32606186.
51. Seneviratne S, Desloge A, Haregu T, Kwasnicka D, Kasturiratne A, Mandla A, Et Al. Characteristics And Outcomes Of Community Health Worker Training To Improve The Prevention And Control Of Cardiometabolic Diseases In Low And Middle-Income Countries: A Systematic Review. *Inquiry (United States)*. Sage Publications Inc.; 2022. Doi:10.1177/00469580221112834 Pubmed Pmid: 35916447.
52. Jamsi-1158-Id2560-Lestari-1099-1108.
53. Suiroaka Ip, Suarniti Nw, Mahayana Imb, Suyasa Ibo, Supariani Nnd, Widya Ningtyas La, Et Al. Pemberdayaan Kader Dalam Pengelolaan Hipertensi Lansia Di Desa Kutampi Kecamatan Nusa Penida Kabupaten Klungkung. *Jurnal Abdimas Ilmiah Citra Bakti*. 2025 Dec 5;6(4):1263–73. Doi:10.38048/Jailcb.V6i4.5023
54. Roswita R, Jannah R, Ristiana A, Kemenkes Banjarmasin P. Pelatihan Pengendalian Faktor Risiko Hipertensi Pada Kader Kesehatan Posbindu Di Wilayah Kerja Puskesmas Sungai Ulin Kota Banjarbaru. Report.
55. Abdi B, Pengabdian Masyarakat J, Kader Dalam Deteksi Dini Dan Penanganan Hipertensi Berbasis Terapi Komplementer Di Kelurahan Curug

Desi Afriyanti P, Febrianti T. Ciptaan Disebarluaskan Di Bawah Lisensi Creative Commons Atribusi 4.0 Internasional [Internet]. Vol. 6. 2026;6(1):344–52. Doi:10.53299/Bajpm.V6i1.3907

56. Adelina Sembiring, Mastaida Tambun, Lisbet Gurning, Rosmega Rosmega, Petra Diansari Zega, Apriliani Kristina Gulo, Et Al. Pemberdayaan Kader Lansia Dalam Upaya Penatalaksanaan Hipertensi Di Desa Bangun Rejo Tahun 2025. *Ardhi : Jurnal Pengabdian Dalam Negri*. 2025 May 30;3(3):238–45. Doi:10.61132/Ardhi.V3i3.1384
57. Tewary S, Cottrell-Daniels C, Espinoza K, Chung-Bridges K, Shmuels Di, Gracia D, Et Al. Evaluating A 30-Hour Training Program For Community Health Workers On 4ms Implementation In Fqhcs Using The Kirkpatrick Model. *Healthcare (Switzerland)*. 2025 Nov 1;13(21). Doi:10.3390/Healthcare13212677
58. Glenton C, Javadi D, Perry Hb. Community Health Workers At The Dawn Of A New Era: 5. Roles And Tasks. *Health Research Policy And Systems*. Biomed Central Ltd; 2021. Doi:10.1186/S12961-021-00748-4 Pubmed Pmid: 34641903.
59. Kazama K, Numata M, Aoyama T, Onodeara A, Hara K, Atsumi Y, Et Al. Laparoscopic Vs. Open Surgery For Stage Ii/Iii Colon Cancer Patients With Body Mass Index >25 Kg/M2. *In Vivo (Brooklyn)*. 2020 Aug 1;34(4):2079–85. Doi:10.21873/Invivo.12011 Pubmed Pmid: 32606186.